



Parent Community Council & Parent Night Out Event Schedule

2020 Theme – Compassion, Contemplation & Connection

Monday: October 14

7:00 Introduction to the Parent Community Council - Kick Off Meeting

7:30 Ask A Teacher Roundtable Event: Teacher Carrie will invite questions and conversation prompted by your questions regarding the art of working with preschoolers.

Monday: November 18

7:00 PCC Meeting

7:30 Preschoolers and the Holidays – Cultivating Family Traditions.

Monday: December 9

7:00 PCC Meeting

7:30 Play Dough Making Event: Teacher Sue & Teacher Carrie share fun family-oriented gift giving ideas.

We will make play dough and biscotti together while we enjoy each other's company!

Monday: January 13

7:00 PCC Meeting

7:30 Mindful Eating – Tips, Tricks and Suggestions on Healthy Eating for the Whole Family. Talk and Presentation by Rebecca Cafiero (mom to Luca in the Youngers).

Monday: March 2

7:00 PCC Meeting

7:30 Yoga: Self Care for the Care Taker. Talk and presentation by First Congo parent alumni Valerie Wookey. Valerie is a registered yoga instructor with Yoga Alliance.

Monday: April 20

7:00 End of Year Gathering: Parent social at a local restaurant or pub!

